



October Lunch Menu

Lunch Service is from 12pm-1pm in the Main Hall

<u>Tuesday</u> Hot Meal	<u>Wednesday</u> Hot Meal	<u>Thursday</u> Hot Meal	<u>Friday</u> A La Carte
	*The lunch menu is subject to change at any time without notice.	01 Sloppy Joe Onion Rings Soup & Dessert	02 Quart of Frozen Manhattan Clam Chowder Soup Tuna Melt
06 Hoppin' John (ham & black eyed peas) Over Rice Vegetables Soup & Dessert	07 Grilled Chicken Breast over Pasta Primavera Soup & Dessert	08 Pork Roast Baked Potato Vegetables Soup & Dessert	09 Quart of Frozen Turkey Orzo Soup Beef Yakisoba Noodle Bowl
13 Spaghetti with Beef Sauce Vegetables Soup & Dessert	14 Tilapia Filet Wild Rice Vegetables Soup & Dessert	15 Oven Fried Chicken Roasted Red Potatoes Vegetables Soup & Dessert	16 Quart of Frozen Creamy Broccoli Soup Loaded Baked Potato
20 Stuffed Chicken Thigh Vegetables Soup & Dessert	21 Meatloaf Garlic Mashed Potatoes Vegetables Soup & Dessert	22 Ground Turkey Quesadilla Refried Beans Chips & Salsa Dessert	23 Quart of Frozen Creole Chicken Soup French Toast
27 Beef Shepard's Pie Soup & Dessert	28 Turkey Tetrazzini Vegetables Soup & Dessert	29 Fish Filet Rice Pilaf Vegetables Soup & Dessert	30 Halloween Bash 

Items on this menu may contain food allergens

**To place a lunch order, please call the Order Line (510) 418-0313.
Orders can be placed starting on Mondays at 8am for the following week.**

Lunch Prices Members \$8.00 Non-Members \$10.00 and Friday Meals \$5.00

Stop by the Front Desk to purchase your lunch tickets.