



September Lunch Menu

Lunch Service is from 12pm-1pm in the Main Hall

<u>Tuesday</u> Hot Meal	<u>Wednesday</u> Hot Meal	<u>Thursday</u> Hot Meal	<u>Friday</u> A La Carte
01 Open Faced Turkey Sandwich Mashed Potatoes and Gravy Salad & Dessert	02 Ham & Cheese Quiche Wedge Baked Potato Salad & Dessert	03 BBQ Chicken Legs Macaroni Salad Fresh Fruit Soup & Dessert	04 Quart of Frozen Split Pea with Ham Soup Blueberry Pancakes Sausage Link(2)
08 Grilled Salmon Sticky Rice Vegetables Salad and Dessert	09 BBQ Beef Sandwich Pesto Pasta Salad Soup & Dessert	10 Italian Link Sausage Soft Polenta Vegetables Salad & Dessert	11 Quart of Frozen Vegetable Beef Soup Chicken and Bean Burrito
15 Basa Fish Filet Veracruz Couscous Vegetables Salad & Dessert	16 Chicken Dijon Fresh Herbed Linguini Vegetables Salad & Dessert	17 Pork Chop Bread Stuffing Vegetables Salad & Dessert	18 Quart of Frozen Cajun Black Bean Soup Shrimp Caesar Salad
22 Hamburger Steak Onion & Mushroom Gravy Mashed Potatoes Salad & Dessert	23 Tuna Noodle Casserole Vegetables Salad & Dessert	24 Chicken Salad Stuffed Tomato Rosemary Focaccia Soup & Dessert	25 Quart of Frozen Chicken Noodle Soup Egg Salad Sandwich on Croissant
29 Chicken Cordon Bleu Rice Pilaf Vegetables Salad & Dessert	30 Turkey Tamale Casserole Spicy Black Beans Salad & Dessert		*The lunch menu is subject to change at any time without notice.

Items on this menu may contain food allergens

**To place a lunch order, please call the Order Line (510) 418-0313.
Orders can be placed starting on Mondays at 8am for the following week.**

Lunch Prices Members \$8.00 Non-Members \$10.00 and Friday Meals \$5.00

Stop by the Front Desk to purchase your lunch tickets.