



July Lunch Menu

Lunch Service is from 12pm-1pm in the Main Hall

<u>Tuesday</u> Hot Meal	<u>Wednesday</u> Hot Meal	<u>Thursday</u> Hot Meal	<u>Friday</u> A La Carte
*The lunch menu is subject to change at any time without prior notice.	01 Salmon Baked Potato Vegetables Salad & Dessert	02 BBQ Chicken Potato Salad Carrot Sticks Soup & Dessert	03 Kitchen closed for Independence Day
07 Traditional Joe's Scramble (egg, ground beef, mushroom, spinach, onion) Home Fries Salad & Dessert	08 Chef's Salad (ham, turkey, egg and tomato) Cup of Soup Dessert	09 Shredded Chicken Quesadilla Spanish Rice Salsa Salad & Dessert	10 Quart of Frozen Chicken Noodle Soup Shrimp Fried Rice
14 Tilapia over Garlic Noodles Vegetables Salad & Dessert	15 Stuffed Chicken Thigh Vegetables Salad & Dessert	16 Turkey Tetrazzini Vegetables Salad & Dessert	17 Quart of Frozen Vegetable Beef Soup BLT on Toast
21 Tuna Sliders Cole Slaw Cup of Soup Dessert	22 Meatloaf Mashed Potatoes Vegetables Salad & Dessert	23 Summer Vegetable Lasagna with Italian Sausage Ragu Salad & Dessert	24 Quart of Frozen Vegetable Orzo Soup Turkey Wrap
28 Chicken Pot Pie Fresh Dinner Roll Salad & Dessert	29 Beef Ravioli Pomodoro Vegetables Salad & Dessert	30 Sweet & Sour Pork over White Rice Vegetables Salad & Dessert	31 Kitchen Closed Due to City Event

Items on this menu may contain food allergens

To place a lunch order, please call the Order Line (510) 418-0313.
Orders can be placed starting on Mondays at 8am for the following week.

Lunch Prices Members \$8.00 Non-Members \$10.00 and Friday Meals \$5.00

Stop by the Front Desk to purchase your lunch tickets.