



Senior Center October Lunch Menu

Lunch Service is from 12 PM - 1 PM in the Main Hall

<u>Tuesday</u> Hot Meal	<u>Wednesday</u> Hot Meal	<u>Thursday</u> Hot Meal	<u>Friday</u> A La Carte
	01 Greek Salad Cup of Soup Dessert	02 Salisbury Steak Mushroom Gravy Vegetables Salad & Dessert Lunch will be served at 11:30 AM.	03 Quart of Frozen Beef Barley Soup <u>Corned Beef Hash</u> with Fried Egg
07 Philly Cheese Steak Onion Rings Cup of Soup Dessert	08 Lunch Cancelled Kitchen Maintenance	09 Lunch Cancelled Kitchen Maintenance	10 Lunch Cancelled Kitchen Maintenance
14 Stuffed Chicken Thigh Mashed Potatoes Vegetables Salad & Dessert	15 Sliced Ham Baked Sweet Potato Vegetables Salad & Dessert	16 Shrimp Louie Cup of Soup Dessert	17 Quart of Frozen Tomato Basil Artichoke Soup <u>BLT Wrap</u>
21 Chicken Fajita Spanish Rice Salad & Dessert	22 Quiche Wedge Vegetables Salad & Dessert	23 Hot Turkey Mashed Potatoes Vegetables Salad & Dessert Lunch will be served at 11:30 AM.	24 Quart of Frozen Pork and White Bean Soup <u>Biscuits and Gravy</u> Scrambled Eggs
28 Italian Sausage with Peppers over Soft Polenta Vegetables Salad & Dessert	29 Spaghetti with Beef Ragu Vegetables Salad & Dessert	30 Chicken Pot Pie Vegetables Salad & Dessert	31 Quart of Frozen Vegetable Beef Soup <u>Chili Stuffed Baked</u> Potato

Items on this menu may contain food allergens

Lunch Prices

Members \$8.00 Non-Members \$10.00

Friday Meals \$5.00

To place a lunch order, please call the Order Line
(510) 418-0313.

Orders can be placed starting on Mondays at 8 AM
for the following week.

Stop by the Front Desk to purchase your lunch tickets.

Pinole Senior Center | 2500 Charles Ave.