

# SEPTEMBER LUNCH MENU

Lunch Service is from 12 PM - 1 PM in the Main Hall.

<u>Tuesday</u> Hot Meal		<u>Wednesday</u> Hot Meal		<u>Thursday</u> Hot Meal		<u>Friday</u> A La Carte	
02 Turkey Rice Casserole Vegetables Salad & Dessert		03 Baked Penne Pasta with Sausage Ragu Vegetables Salad & Dessert		04 Salmon Baked Potato Vegetables Salad & Dessert Lunch will be served at 11:30 AM.		05 Quart of Frozen Minestrone Soup  Beef and Cheese Nacho Plate	
09 BBQ Pulled Pork Macaroni Salad Vegetables Cup of Soup Dessert		10 Beef Tips over Noodles Vegetables Salad & Dessert		11 Ginger Chicken Salad Cup of Soup Dessert		12 Quart of Frozen Creamy Cauliflower Red Pepper Pesto Soup  Crab Salad (imitation) Sandwich	
16 Sloppy Joe Roasted Potato Wedges Vegetables Salad & Dessert		17 Breaded Pollock Baked Potato Vegetables Salad & Dessert		18 Lunch Cancelled Kitchen Maintenance		19 Lunch Cancelled Kitchen Maintenance	
23 Tilapia Filet with Caper Sauce Garlic Noodles Vegetables Salad & Dessert		24 Mediterranean Chicken Quesadilla  Salad & Dessert		25 Meatloaf Mashed Potatoes Vegetables Salad & Dessert Lunch will be served at 11:30 AM.		26 End of Summer BBQ Special Menu Ticket Prices: Member: \$25 Non-member: \$27	
30 Sweet and Sour Chicken White Rice Vegetables Salad & Dessert		Lunch Prices Members \$8.00 Non-Members \$10.00 Friday Meals \$5.00  *Items on this menu may contain food allergens* To place a lunch order, please call the Order Line (510) 418-0313. Orders can be placed starting on Mondays at 8am for the following week.  Stop by the Front Desk to purchase your lunch tickets					