

**FREE  
EVENT!**



# LIVE WELL AT HOME: A UNIVERSAL DESIGN WORKSHOP



**THURSDAY**  
AUGUST 14  
NOON-1PM



**PINOLE SENIOR  
CENTER**  
2500 CHARLES AVE

Join us for an engaging workshop led by Certified Aging-in-Place Specialist Fritzi Gros-Daillon. You'll learn how **to make your home safer and more livable** using AARP's award-winning HomeFit Guide. Perfect for older adults, caregivers, or anyone interested in improving home accessibility! This is the first of six workshop series focused on accessible living for seniors and those with disabilities made possible through a grant awarded by the AARP Community Challenge.



**<https://www.pinole.gov/pinole-accessible-living-program/>**

*This free event is open to all—registration is encouraged to help us plan for a comfortable experience. Sign up online or at the Pinole Senior Center.*

**Fritzi Gros-Daillon**

