



# SENIOR CENTER ACTIVITY SCHEDULE

OPEN MONDAY - FRIDAY

8:00 AM - 4:00 PM

Date	Location	Activity	Time	Member and Non Member Fees
Monday	Main Hall	Stretch for Yoga	11:30 AM - 12:30 PM	\$2.50   \$3.50
Monday	Main Hall	Balance	12:45 PM - 1:45 PM	\$2.50   \$3.50
Monday	Main Hall	Yoga On A Mat	2 PM - 3 PM	\$2.50   \$3.50
Monday	Arts & Crafts Room	Bridge	1 PM - 4 PM	\$1   \$2
Monday	Card Room	Clutters Anonymous	10 AM - 11 AM	No Fee
Monday	Pool Room	Billiards	8 AM - 4 PM	\$1.50   \$2.50
Tuesday	Main Hall	Zumba Gold	8:30 AM - 9:30 AM	\$2.50   \$3.50
Tuesday	Main Hall	Silver Sneaker Classic	10 AM - 11 PM	\$2.50   \$3.50
Tuesday	Main Hall	Balance	11:30 AM - 12:30 PM	\$2.50   \$3.50
Tuesday	Arts & Craft Room	Book Club (4th Tuesday)	10:30 AM - 11:30 AM	\$1   \$2
Tuesday	Arts & Craft Room	Pinochle	12:30 PM - 4 PM	\$1   \$2
Tuesday	Card Room	Cribbage	1 PM - 2 PM	\$1   \$2
Tuesday	Main Lobby	Knitting Group	10 AM - 12:30 PM	\$1   \$2
Tuesday	Pool Room	Billiards	8 AM - 4 PM	\$1.50   \$2.50
Wednesday	Main Hall	Yoga & More	9 AM - 10 AM	\$2.50   \$3.50
Wednesday	Main Hall	Silver Sneakers EnerChi	10:30 AM - 11:30 AM	\$2.50   \$3.50
Wednesday	Main Hall	Mah Jongg	12:30 PM - 4 PM	\$1   \$2
Wednesday	Arts & Crafts Room	Quilting	9 AM - 12 PM	\$5   \$7
Wednesday	Card Room	Speak Up!	10 AM - 11 AM	No Fee
Wednesday	Pool Room	Billiards	8 AM - 4 PM	\$1.50   \$2.50
Thursday	Main Hall	Zumba Gold	8:30 AM - 9:30 AM	\$2.50   \$3.50
Thursday	Main Hall	Silver Sneakers Classic	10 AM - 11 AM	\$2.50   \$3.51
Thursday	Arts & Crafts Room	Quilting	9:30 AM - 12:30 PM	\$5   \$7
Thursday	Arts & Crafts Room	Bridge	1 PM - 3 PM	\$1   \$2
Thursday	Main Lobby	Fiber Arts Group	9:30 AM - 10:30 AM	\$1   \$2
Thursday	Main Lobby	Ukulele	2 PM - 4 PM	\$1   \$3
Thursday	Pool Room	Billiards	8 AM - 4 PM	\$1.50   \$2.50
Friday	Main Hall	Yoga & More	9 AM - 10 AM	\$2.50   \$3.50
Friday	Main Hall	Floor Class	10:30 AM - 11:30 AM	\$2.50   \$3.50
Friday	Arts & Crafts Room	Guitar	8:30 AM - 9:30 AM	\$1   \$2
Friday	Arts & Crafts Room	Advance Guitar	10:30 AM - 11:30 AM	\$1   \$2
Friday	Arts & Crafts Group	Beginners Bridge	2 PM - 4 PM	\$1   \$2
Friday	Card Room	Arts & Craft Workshop	12 PM - 1 PM	\$5   \$7
Friday	Pool Room	Billiards	8 AM - 4 PM	\$1.50   \$2.50