# PINOLE-READY



**COMMUNITY PREPAREDNESS** 

### Disasters can strike at anytime-be prepared

- Earthquake
- Fires (both wildland and residential)
- Rain and flooding
- Landslide
- Hazardous Material Spill
- Disease Outbreak
- Heat wave
- Major power outage
- Gas lines, railroad, major vehicle collisions, aircraft crashes

# **PINOLE-READY Preparedness**

Why be prepared?

Emergency resources may be limited

Helps you and those around you survive

Reduces fear and anxiety

## Action steps to preparedness

- Make a plan
- Assemble a Disaster and "Go" Kit
- Maintain your plan and kits
- Address individual special needs

### Make a Plan

- Plan to survive on your own for at least 72 hours
- Know your evacuation routes
- Create a personal support network
- Plan for services to be unavailable
- Indentify your "family contact"
- Inventory home possessions
- Copy important documents

### Make a Plan

- Learn basic first aid and CPR skills
- Learn how to use a fire extinguisher
- Learn how to shelter in place
- Learn where your evacuation notices come from
  - Local law enforcement
  - Radio
  - Television
  - Community Warning System
  - Reverse 911
  - Internet-website and social media

### Make a Plan (continued)

Plan for pets and service animals

- Know the laws regarding pets and service animals in shelters
- Plan for an alternative safe location for your pets
- Prepare a disaster kit and carrier if applicable for your pet
- Make sure pets and service animals are properly identified
- Make copies of vaccination and shot history
- Keep recent photos of you and your pet with your plan and kit

### Disaster Kits and Go Kits

Stationary Disaster Kit-easily accessible in your home or office

- Water and non-perishable food (for everyone in the household for at least 72 hours)
- Games and books for children
- Copies of personal documents
- Battery-operated or hand crank radio
- Flashlights and flameless candles
- Extra batteries
- Medications (prescription and over-the-counter)

### Disaster Kits and Go Kits (continued)

Stationary Disaster Kit-easily accessible in your home or office

- First aid kit
- Change of clothes for members of the family
- Blankets
- Emergency whistle
- Hand sanitizer and personal hygiene items
- Plastic sheeting and duct tape for sheltering in place
- Cash

#### Go Kits

#### Go Kit

- Must be portable to take to evacuation center or shelter
- Water
- Non-perishable snack items
- Games and books for children
- Pen/pencil and paper
- Copies of important personal documents
- Personal hygiene items
- First aid kit

### Go Kits (continued)

#### Go Kit

- Medication-prescription and over-the-counter
- Battery operated flashlight and radio
- Extra batteries
- Clean change of clothes for family members
- Bedding (sleeping bag, pillow, blanket)
- Cash
- Other reasonable items to make you feel comfortable in a shelter

## Maintaining your plan and kit

- Practice
- Keep information updated on a regular basis
- Change items in your kits every six months
- Let your outside contact know where you keep your kit and what your plan is in the event of a disaster
- Include your neighbors in your plan

## Working with the special needs population

Visually impaired, hearing impaired, cognitive impairments, children and teens, mental health, mobility impaired, ESL community, seniors, and homeless

#### Consider

- Additional challenges will be faced in a disaster
- Temporary evacuations or relocations may take place
- Familiar support network may not be available

### For More Information

- www.oes.ca.gov
- www.fema.gov
- www.prepare.org
- www.ready.gov
- www.cdc.gov
- www.redcross.org